

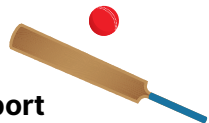
MONDAY



**Water Fitness -
6:15 am - 7:00 am**



**Social Sport
Indoor Cricket - 6:30 pm**



Available at various times:

1-on-1 Personal Training

TUESDAY

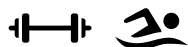


**Kids After
School Sport -
2:30 pm**



**Water Fitness -
5:30 - 6:30 pm**

**Group Fitness -
5:30 - 6:30 pm**



Available at various times:

**Kids Swim Lessons
1-on-1 Personal Training**

WEDNESDAY



**Water Fitness
- 6:15 - 7 am**



**Kids After
School Sport -
2:30 pm**



**Yoga -
4 pm &
5:30 pm**



Kids Swim Club - 5 pm



**Social Sport
Touch Footy -
6:30 pm**



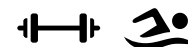
**Available at various times:
Kids Swim Lessons
1-on-1 Personal Training**

THURSDAY



**Group Fitness -
5:30 - 6:30 pm**

**Water Fitness -
5:30 - 6:30 pm**



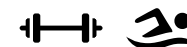
Available at various times:

**Kids Swim Lessons
1-on-1 Personal Training**

FRIDAY



No Scheduled Activities



Available at various times:

**Kids Swim Lessons
1-on-1 Personal Training**