## RUN FOR THE ONE YOU LOVE.

Imagine living in a world where prostate cancer is no longer a burden, where side effects are minimal and where all men are well informed and supported. We believe that this world is possible. We hope that you do too, because with your help we will get there sooner.



Every 25 minutes, one of our fathers, sons or brothers will hear the news he has prostate cancer.

1 in 6 men are likely to be diagnosed by age 85.

3,152 men prostate ca

3,152 men die from prostate cancer each year.

16,700 more are expected to be given a diagnosis over the same period.



"When a man receives a prostate cancer diagnosis, his life changes in an instant. Most men and their families have trouble coming to terms with it. But PCFA are with them for the long haul - and that's why I'll be walking 72km with my dogs this September."

Craig, prostate cancer specialist nurse













**\$ 2 6** You can provide one newly diagnosed Australian man with an information pack and help connect him to a Specialist Nurse. **\$52** You can provide a man diagnosed with prostate cancer in your local area with culturally-specific information to guide him through diagnosis, treatment and survival. **\$78** You can provide a patient undergoing surgery in your home state with access to a Specialist Nurse via telehealth consultation. \$100 You can provide one of our life-changing Prostate Cancer Specialist Nurses with access to an e-learning module outlining the latest advances in treatment and support.

## \$500

nan taking part in a clinical trial with a life-saving Australian lab test of his tumour tissue. \$1,000

You can provide a man in your local community with the care and support of a Prostate Cancer Specialist Nurse in the days after treatment, helping him navigate the harsh side-effects of surgery.

Prostate Cancer Foundation of Australia



THELONGRUN.ORG.AU